

SEYMOUR'S PARLOUR

CONTINENTAL SELECTION

Cold meats, cheeses, fresh pastries, bread (seeded, brown, gluten free), selection of jams, granola & cereals, fresh fruit or fruit pots, potted, creamy Greek yoghurt with a selection of toppings. 15.5
Served with tea or coffee & a juice.

CEREALS, NUTS & FRUIT

Organic Porridge Oats made with milk or rice milk, muscovado sugar 5
Homemade Granola Vanilla yoghurt, berries 6
Bircher Muesli Green apple, pomegranate, rose, almonds 6.5
Ruby Grapefruit Caramalised with demerara sugar 4.5

PASTRIES & TOASTS

Basket of Pastries 4.75
Selection of Toasts 3
Toasted Crumpets 3



HOT BREAKFAST

The Full English Cured bacon, Cumberland sausage, Stornoway black pudding, field mushroom, grilled tomato & 2 poached eggs 16
Avocado on Toast Two poached eggs, toasted sourdough, crushed hass avocado, extra virgin olive oil 9.5
Smoked Salmon Lambton & Jackson smoked salmon, scrambled eggs, chives, lemon 13

DRINKS

Seymour's Bloody Mary Horseradish vodka, homemade tabasco, tomato juice 10.5
Selection of Juices (Orange, Apple, Pink Grapefruit) 3.5

If you have any allergies please ask a member of the team.
We add 12.5% optional service charge to your bill, but of course it is completely up to you.
If the service wasn't up to scratch, don't pay for it.
(But do let us know what we could do better).



Coffee

Our house blend has been created by our friends at Ozone Coffee Roasters. Our seasonal blend, changing every six months includes two fresh crop coffees from Colombia & Brazil.

Espresso	2.5	Flat White	3
Macchiato	2.5	Latte	3
Double Espresso	3	Cappuccino	3
Double Macchiato	3	Hot Chocolate	3
Americano	3	Irish Coffee	12

Teapots

The Rare Tea Co only samples the finest tea from China, India and Africa. All fairly traded, teas of these qualities are only picked in extremely small quantities by the Tea Lady

RAF English Breakfast	4	English Peppermint	4
Earl Grey	4	Jasmine Silver Tip	4
Fujian Province Green Leaf	4	Chamomile	4
First Flush Cloud Tea	4	Lemongrass	4
Rooibos	4		